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# My GoWISE USA Air Fryer Cookbook: 100 Amazing Recipes For Smart People





## Synopsis

The NEW recipe book that readers are describing as "The Perfect Guide for the GoWISE USA!" This expansive cookbook is a MUST HAVE for any Air Fryer owner. Use these 100 recipes with any Air Fryer. The GoWISE USA Air Fryer is an incredibly versatile cooking appliance. This guick & easy to use guide and recipes book will show you how to make the most out of your air fryer! These 100 recipes offer great variety and reliability and are sure fire crowd pleasers. Be carefula youâ <sup>™</sup>II have to come up with some new activities to do with all the time youâ <sup>™</sup>II be saving when you have mastered your GoWISE USA or any air fryer. And anyone who tries your food might think that youâ <sup>™</sup>ve kidnapped a master chef and are holding them hostage. Here is the summary of recipes you will learn how to cook like a pro in this comprehensive air fryer cookbook. These air fryer recipes are FUN, EASY, and FAST. Weâ <sup>™</sup>ve included most of the POPULAR recipes people search for: - Easy to prepare breakfast recipes like French Toast ,Muffins, and Omlets - Breakfast sandwiches - Vegan and Vegetarian recipes - Chicken air fryer recipes - Air Fryer Burger recipes -Potato recipes (Side dishes, Sweet Potato recipes, etc.) - Easy & Popular Sandwich recipes - Pizza, Fish, Chicken Wings - Mouthwatering Desserts (Cheesecake, Brownies, Cupcakes, etc.) IN THIS AIR FRYER COOKBOOK, YOU WILL FIND: BREAKFAST RECIPES - Breakfast Recipes and Breakfast Sandwich Air Fryer Recipes MAIN DISHES - Chicken air fryer recipes - Beef air fryer recipes - Shrimp, Lamb Chop air fryer recipes, and more! SIDE DISH Recipes - Potato Recipes -Zucchini Poppers - Eggs, Calamari, Spring Rolls, Cheese Rolls, Pickles - And more vegetable air fryer recipes! Mouthwatering DESSERT air fryer recipes Utilizing your air fryer like a pro can help you save time & youâ <sup>™</sup>II realize that it be an incredible appliance for busy families. And those who will try your food will think that youâ <sup>™</sup>re a professional chef with the help of this cookbook! You will NOT regret buying Harlanâ <sup>™</sup>s GoWISE USA Air Fryer Cookbook!

### **Book Information**

Paperback: 222 pages Publisher: Rascal Face Press (April 19, 2016) Language: English ISBN-10: 1945056096 ISBN-13: 978-1945056093 Product Dimensions: 7.5 x 0.5 x 9.2 inches Shipping Weight: 14.9 ounces (View shipping rates and policies) Average Customer Review: 4.2 out of 5 stars Â See all reviews (54 customer reviews) Best Sellers Rank: #6,075 in Books (See Top 100 in Books) #52 in Books > Cookbooks, Food & Wine > Kitchen Appliances

### **Customer Reviews**

This book is a clearly written recipe guide for use with air fryers. It opens with a pitch for air fryers, making the case that they lend a rich, crispy flavor to fried foods without requiring fattening oil. They can do this because they circulate hot air quickly, cook with oils naturally present, and generate no excess grease. Better than convection ovens, according to the author. The book consists mainly of recipes  $\tilde{A}\phi\hat{A}\hat{A}^{"}$  100 in all  $\tilde{A}\phi\hat{A}\hat{A}^{"}$  organized in terms of meal categories (breakfast, lunch, dinner, appetizers, snacks, side dishes, and desserts). Each recipe is presented with an overview, list of ingredients, and step-by-step instructions for preparing the item. Many of the recipes are for tasty south of the border foods. Examples of the recipes are apple cinnamon empanadas, blueberry muffins, french toast, omelet, vegetarian pizza, there is quesadillas, chicken tenders, like bean and cheese veggie burger, eggplant Parmesan, bruschetta, potato croquettes, crabcakes, desserts (cheesecake, brownies, cupcakes, chocolate cream pie).

This book is excellent for the simple basic recipes for anyone to make. I simply love this book because the recipes are the type of food that I eat daily and not extravagant foods that no one in general eats. I received this product for a discount so I can make a honest review.

This book has a few plant-based recipes and easily adaptable ones, which is helpful to me as a vegan, trying to decide whether to invest in an air fryer. The directions are thorough and seem easy; it's formatted nicely for reading on my iPad; there's a T. of C. -- so important in a cookbook, and there's plenty of variety in the contents. There are no pix in the e-version I bought, but other merits compensate. Some narrative enthuses more than we may be used to ("This dish is not only one of the greatest desserts of all time..." -- Crispy Apple Crumble), but he's clearly excited about the potential of his air fryer and how it has allowed his family to eat more healthfully. I'll only know if these accolades are justified by trying the recipes for myself. Reports from other foodies suggest an air fryer is well worth the purchase. His book is def tipping the scale, as I tip-toe towards buying one, too!

This book as 100 great ideas for the Air Fryer which can be really useful for people that would preferto use less oil and less mess in the kitchen as it all goes in the the airfryer and comes out

crispy and yummy in 10-30 minutes. There are different recipes for desserts, side dishes, main dishes and more but what I was more looking for are side dishes that I used to prepare with oil and prefer to make in the air fryer. It has a lot of good ideas, new recipes and solutions but the simple and most common dishes it has really small amount of recipes. Since I'm good in the kitchen, I can handle it myself therefore I don't think it is really bad just something to think of next time. Overall, interesting and useful recipes and saves time and enhance your culinary experience. I've recieved the item in exchange for an honest and unbiased review.

This book has a lot of air fryer recipes. They are simple recipes that anyone can make. Not sure why it recommends aluminum foil in every recipe but I use my silicon mat instead.

Wow! Me and my family loves fryer foods. Glad that I had a chance to read this cookbook. There's a lot of amazing and mouth watering easy recipes. I want to try this Eggs, Calamari, Spring Rolls, Cheese Rolls, Pickles one of these days. The author's writing was great. A well written book and I totally love it.

This is one great cookbook. The recipes are super delicious, easy to prepare and my family loves them. I am very glad that I found this book and now I don't stress about what am I going to cook for dinner or lunch. I definitely recommend this book to every family!

I have always wanted to try air fryer. I believe the recipes in this book are healthy, delicious and easy to make. I do wish that there are pictures included in each recipe for me to see what the dish should look like. Other than that, I can say that everything is good.

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